What's your job? I'm a cook, TV producer, writer, host, and professional spy. Don't leave that last part out—it's important. Everything else is a cover.

BROOKS

BROTHERS

What do you wear for that? I wear a blazer almost every day. I own 10 or 12, but I don't go anywhere without this one. It's like wearable luggage. I've got small notebooks, a pocketknife, keys, pens, my phone.

BRUNELLO GUCINELLI

L.A. EYEWORKS

ALTON BROWN
COLLECTION
HOOK & ALBERT

You designed that tie, right? Yes. It's a two-sided one I made for my collection with Hook & Albert. I love a bow tie: It doesn't get tangled up in stuff, you don't spill food on it, and if you're riding a motorcycle, it doesn't beat you in the face.

Thomas and

HOOK & ALBERT

Do you wear a watch?

Yes, a no-name one worn for 40 years by my grandfather, who was a mechanic.

Are those the original buttons?

I change out the buttons twice a year: summer buttons and winter buttons. These are antique mother-of-pearl. I always use a slightly different color of thread than the jacket, so they pop a bit.

LEVI'S 501 JEANS

Why Nikes?

You never know in my business when you might have to run. One time I had to hide in the bathroom at Dylan's Candy Bar in New York for 30 minutes from a gaggle of middle school girls.

ALTON Brawn

53, creator of Alton Brown Live: Eat Your Science, host of Cutthroat Kitchen, Marietta, Ga.

JAPANESE NIKES

ETRO

Anything else to add?

There's the underwear I'm wearing, but I'm gonna leave that alone.